

B.A.R.

BLASIEHOLMENS AKVARIUM O RESTAURANG

FOOD

OPENING HOURS * MON-FRI 10.00–01.00 * LUNCH 11.30–14.00 * SATURDAY 16.00–01.00

SHELLFISH

OYSTERS

ONION VINAIGRETTE, LEMON, TABASCO

SPÉCIALES DE CLAIR "BOUDEUSE" N.4	29:-
FINE DE CLAIR "LA RONCE" N. 3	30:-
SPÉCIALES DE CLAIR "ROUMEGOUS" N. 3	36:-
SPÉCIALES DE CLAIR "LA ROYALE" N.2	42:-
SPÉCIALES DEMOISELLES D'AGON N. 2	26:-



OYSTERS MAY CONTAIN A VIRUS THAT CAN BE HARMFUL TO YOUR HEALTH

½ BOILED LOBSTER

WITH A GLASS OF
LANSON BLACK LABEL CHAMPAGNE.....270:-

SHRIMPS

BOILED, LEMON, MAYONNAISE.....200 G/120:-

B.A.R.'s SMOKED SHRIMPS

LEMON, MAYONNAISE.....200 G/130:-

LANGOUSTINE

BOILED, LEMON, MAYONNAISE.....38:-/ST

½ CRAB

BOILED, LEMON, RHODE ISLAND.....125:-

½ LOBSTER

BOILED, LEMON, MAYONNAISE.....190:-

B.A.R.'s SHELLFISH PLATEAU

3 OYSTERS, ½ CRAB, 2 LANGOUSTINES,
75 G SHRIMPS, 75 G SMOKED SHRIMPS.....330:-

PLATEAU PRESTIGE

3 OYSTERS, ½ CRAB, 2 LANGOUSTINES,
75 G SHRIMPS, 75 G SMOKED SHRIMPS,
½ LOBSTER.....490:-

PLATEAU ROYAL

6 SPÉCIALES DEMOISELLES D'AGON, 2 FINE DE CLAIR
"LA RONCE", 2 SPÉCIALES DE CLAIR "ROUMEGOUS",
6 LANGOUSTINES, 100 G SHRIMPS, 100 G SMOKED
SHRIMPS, 1 LOBSTER.....890:-



SMALL COURSES

GRILLED ARTICHOKE

BABA GANOUSH, LEMON OIL.....145:-

B.A.R.'s TOAST SKAGEN "ROYAL"

FRESH SHRIMPS, SWEDISH CAVIAR, HORSERADISH.....250:-

SMOKED SCALLOPS

CHIMICHURRI, CRISPY CABBAGE.....175:-

TUNA TARTARE

LIME, AVOCADO, CHILI MAYONNAISE,
CORIANDER.....165:-

GRILLED SALMON SASHIMI

SEA BUCKTHORN, FENNEL, TIMUT PEPPER.....175:-

GRILLED CORN TORTILLA, SEA BASS

AVOCADO, TOMATO SALSA, CORIANDER.....160:-

GRATINATED SCALLOPS

FENNEL, TARRAGON, WHITE WINE SAUCE.....185:-

GRILLED KING PRAWNS

GARLIC, PARSLEY, LIME.....165:-

B.A.R.'s OCEAN PLATE

SHRIMPS, LANGOUSTINE, TOAST SKAGEN,
PICKLED HERRING, WHITEFISH ROE.....175:-

30 G OF SWEDISH CAVIAR, JUNKÖN

BUCKWHEAT CRÊPE, RED ONION, SOUR CREAM.....195:-



LET'S GO FISHING IN OUR AQUARIUM & CHOOSE TO
HAVE YOUR LOBSTER GRILLED OR BOILED
MAINE LOBSTER.....69:-/HG

MAIN COURSES

FROM THE GRILL

CHOOSE YOUR OWN FRESH FISH, SHELLFISH
AND MEAT FROM THE COUNTER AND THEN PICK
ANY SIDE ORDERS FROM THE LIST BELOW

YOU WILL FIND OUR GRILLED SELECTIONS
ON OUR SEPARATE BOARDS

FISH- AND SHELLFISH "MIXED GRILL" PLATTER

FOR TWO.....320:- PER PERSON

SIDE ORDERS

.....38:-

- GRILLED BROCCOLI, RIPE CHEESE, OLIVE OIL
- CHARCOAL ROASTED TOMATOES, TOMATO VINAIGRETTE, TARRAGON
- FRENCH FRIES
- RISOTTO, RIPE CHEESE
- GRILLED POTATO, LEEK, CHIVES, GRILL BUTTER
- GREEN SALAD, VINAIGRETTE
- GRILLED TORTILLA, SEA SALT, GRILL BUTTER
- ROASTED CHARD, GARLIC DRESSING

SIDE ORDERS

.....55:-

- AVOCADO- & GRAPEFRUIT SALAD, POMEGRANATE, CHILI
- ROASTED CAULIFLOWER, TRUFFLE VINAIGRETTE
- GOAT CHEESE GRATINATED JERUSALEM ARTICHOKE, THYME

SAUCES

.....18:-

- WHITEFISH ROE, DILL, SOUR CREAM
- SAUCE BÉARNAISE
- ROASTED CHILI MAYONNAISE
- CHIMICHURRI, SMOKED BELL PEPPER, PARSLEY
- BASIL PISTOU
- CHILI SAUCE, GINGER
- BROWN BUTTER & HORSERADISH
- SALSA CHILENA, GREEN CHILI, CORIANDER
- BABA GANOUSH, CUMIN

B.A.R.'s WHOLE GRILLED TURBOT
FOR 2 PERSONS. PRIMEURS, BLEAK ROE,
BEURRE BLANC.....360:- PER PERSON

GRILLED TUNA SALAD

AVOCADO, LIME DRESSING, CUCUMBER.....205:-

CRISP FRIED BROCCOLINI

PUMPKIN, GINGER, PICKLED SHIITAKE.....175:-

STEAK TARTARE

FRENCH MUSTARD, CAPER, ONION, LETTUCE,
FRENCH FRIES.....165/205:-

MOULES FRITES

MUSSELS, PARSLEY, WHITE WINE.....190:-

B.A.R.'s FISH- & SHELLFISH CASSEROLE

FRESH SHELLFISH, SHELLFISH STOCK, FISH,
FENNEL, GARLIC MAYONNAISE.....215:-

B.A.R.'s FISH N' CHIPS

HAND MADE FRENCH FRIES, SAUCE TARTARE,
GREEN PEAS.....185:-

B.A.R.'s SANDWICH

CREAMY SEAFOOD SALAD, GRILLED FISH,
BEEF TOMATO, PICKLED CUCUMBER, SALAD.....165:-

CERTIFIED
SUSTAINABLE
SEAFOOD
MSC
www.msc.org



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

MSC-C-52702

B.A.R.'s FISH N' CHIPS

WITH A BOTTLE OF B.A.R. ALE.....245:-

SWEETS

BAKED CHOCOLATE CREAM

SEA BUCKTHORN- & YOGHURT SORBET,
SEED CRISP.....125:-

CARAMELIZED PINEAPPLE

COCONUT SORBET, LIME, FRESH COCONUT.....110:-

BLUEBERRY PANCAKE

CREAM VANILLA ICE CREAM, MAPLE SYRUP,
BLUEBERRIES.....105:-

RASPBERRY PAVLOVA

FRESH RASPBERRIES, WHIPPED CREAM,
WHITE CHOCOLATE.....120:-

PEAR DESSERT

MASCARPONE, TOFFEE SAUCE, LEMON SORBET.....115:-

CRÈME BRÛLÉE

VANILLA CREAM, CARAMEL.....85:-

B.A.R.'s CHOCOLATE PRALINE

SALT CARAMEL.....22:-

CHEESE FROM LÖFSTA DAIRY

MARMALADE.....65:-

ICE CREAM/SORBET

CREAM VANILLA ICE CREAM/
LEMON-, COCONUT- OR
SEA BUCKTHORN- & YOGHURT SORBET.....45:-/SCOOP

**THE
Bakery**

OUR LEVAIN BREAD COMES FROM OUR OWN
BAKERY AT GREV TUREGATAN 30