

ÖPPETTIDER * VARDAG 10.00–01.00 * LUNCH 11.30–14.30 * LÖRDAG 16.00–01.00 * SÖNDAG 17.00–21.00

KALLA SMÅRÄTTER

OSTRON

LÖKVINAIGRETTE, CITRON	
FINE DE NORMANDIE N.3.....	18:-
FINE DEMOISELLE D'AGON N.2.....	22:-
SPÉCIALE DE UTAH BEACH N.3.....	28:-
DANSKT FLATOSTRON N.2.....	36:-



OSTRON ÄR ETT RISKFYLLT LIVSMEDEL
SOM KAN ORSAKA VIRUSINFEKTION

RÄKOR

KOKTA, CITRON, MAJONNÄS.....	200 G/95:-
------------------------------	------------

**EN HALV KOKT HUMMER MED
ETT GLAS DEUTZ CHAMPAGNE...250:-**

½ HUMMER

KOKT, CITRON, MAJONNÄS.....	165:-
-----------------------------	-------

½ KRABBA

KOKT, CITRON, RHODE ISLAND.....	105:-
---------------------------------	-------

HAVSKRÄFTA

KOKT, CITRON, MAJONNÄS.....	36:-/ST
-----------------------------	---------

B.A.R.s SILL OCH STRÖMMING

KRYDDPEPPARSILL, SIKROMSSTRÖMMING, ÖRTSILL, LAGRAD OST.....	135:-
----------------------------------------------------------------	-------

RÅMARINERAD PILGRIMSMUSSLA

ELLER TONFISK

VÄLJ EN, CITRON, INGEFÄRA, SOJA.....	125:-
-----------------------------------------	-------

B.A.R.s HAVSTALLRIK

RÄKOR, HAVSKRÄFTA, RÖKT LAX, KRYDDPEPPARSILL, SIKROM.....	170:-
--------------------------------------------------------------	-------

MATJESILL

GRÄDDFIL, GRÄSLÖK, FÄRSKPOTATIS.....	95:-
--------------------------------------	------

LUFTTORKAD SKINKA, MELON

	90:-
--	------

CHARKTALLRIK

LUFTTORKAD SKINKA, CHORIZO, COPPA, ITALIENSK SALAMI, OLIVER.....	135:-
---------------------------------------------------------------------	-------

B.A.R.s SKALDJURSFAT

3 OSTRON, ½ KRABBA, 1 HAVSKRÄFTA, 100 G RÄKOR, 1/4 NÄT BLÅMUSSLOR.....	260:-
---------------------------------------------------------------------------	-------

B.A.R.s SKALDJURSFAT MED TILLÄGG

½ HUMMER.....	395:-
---------------	-------

TILLAGADE SMÅRÄTTER

VIT SPARRIS

KOKT, SMÖRSÅS.....	130:-
--------------------	-------

GRAVLAXTARTAR

PEPPARROT, SYLTLÖK, KRASSE.....	110:-
---------------------------------	-------

SIKROM ELLER LÖJROM

NYSTEKT BOVETE PLÄTT, RÖDLÖK, GRÄDDFIL.....	95:-/185:-
------------------------------------------------	------------



**B.A.R.s SILL OCH STRÖMMING MED
3CL SNÄLLERÖDS JUNGFRUNS
BRÄNNVIN.....180 :-**

RÅBIFF

KAPRIS, RÖDBETOR, RÖDLÖK, ÄGGULA ½.....	130:- HEL.....195 :-
--------------------------------------------	----------------------

TRÄDGÅRDSSALLAD

FRASSTEKT ANKLÅR, GRÖN SPARRIS, CURRYDRESSNG, BLOMKÅL ½.....	95:- HEL.....175:-
--------------------------------------------------------------------	--------------------

CEVICHE

LAX, PILGRIMSMUSSLA, TONFISK, MANGO, LIME, AVOKADO, KORIANDER, CHILI.....	145:-
------------------------------------------------------------------------------	-------

NÄSSELSOPPA

POCHERAT ÄGG, RÖKT FJÄLLRÖDING.....	110:-
-------------------------------------	-------

GRATINERADE PILGRIMSMUSSLOR

PRIMÖRER, DRAGON, VITVINSÅS.....	165:-
----------------------------------	-------

KRYDDSTEKT VAKTELSPETT

CHILI, INGEFÄRA, SELLERISALLAD.....	115:-
-------------------------------------	-------

MINISTRONE

RISONI, RÄKOR, BLÄCKFISK, KRABBA.....	135:-
---------------------------------------	-------

**FISK- OCH SKALDJURS" MIXED
GRILL" FAT SERVERAS FÖR
2 PERS...590:-**

HUVUDRÄTTER

GRILLAT

GÖR DITT EGET AKTIVA VAL AV FÄRSK FISK OCH
SKALDJUR ELLER KÖTT VID SALUHALLSDISKEN
ELLER VÄLJ DIN FÄRSKA HUMMER UR VÅRT
AKVARIUM MED HJÄLP AV MATSALSPERSONALEN.
TILLBEHÖREN TILL DET GRILLADE
VÄLJER NI I MENYN.

MENY OCH PRISER PÅ GRILLAT HITTAR NI
PÅ VÅRA SEPARATA TAVLOR

TILLBEHÖR TILL GRILLAT.....	28:- PER VAL
-----------------------------	--------------

- BLADSALLAD, SENAPSDRESSING
- GREKISK FETAOSTSALLAD
- GRILLAD TURKISK PEPPAR, HAVSSALT
- COLE SLAW, ÄPPLÉ, SENAP
- GRILLAD GRÖN SPARRIS, VINAIGRETTE
- ROSTAD TOMAT- OCH LÖKSALLAD, ÖRTER
- VETESALLAD, GRANATÄPPLÉ, KARDEMUMMA, CITRON
- FÄRSK POTATIS, PESTO, FÄRSK BASILIKA
- RISOTTO, PARMESAN
- POMMES FRITES

SÅSER.....	15:- PER VAL
------------	--------------

- SIKROM, DILLCRÈME FRAICHE
- TAPENADE, OLIVER, VITLÖK, KAPRIS
- B.A.R.s JERK, CHILI, KRYDDPEPPAR
- ÖRT- OCH KRYDDSMÖR
- CHILISÅS, INGEFÄRA
- KAPRISMAJONNÄS
- B.A.R.s BARBEQUESÅS
- BRYNT SMÖRMAJONNÄS
- SAUCE BÉARNAISE

SEAFOODPASTA, GRATINERAD

SKALDJUR, FISK, HUMMERSÅS, DRAGON.....	155:-
----------------------------------------	-------

B.A.R.s SANDWICH

SKALDJURSRÖRA, NYSTEKT FISK, BIFFTOMAT, PRESSGURKA, SALLAD.....	165:-
--------------------------------------------------------------------	-------

**FRASIG FISK MED EN FLASKA
B.A.R.s ALE.....210:-**

B.A.R.s FRASIGA FISK

OCH POMMES FRITES MAJONNÄS, CITRON.....	155:-
--------------------------------------------	-------

MOULES FRITES

BLÅMUSSLOR, GRÄDDE, VITT VIN.....	145:-
-----------------------------------	-------

SPRÖDBAKAD RÖDTUNGA

TOMAT, OLIVER, HUMMERSVINAIGRETTE, MANDEL.....	235:-
---------------------------------------------------	-------

**FISK OCH SKALDJURSGRYTA
MED ETT GLAS CHABLIS.....270:-**

B.A.R.s FISK OCH SKALDJURSGRYTA

FÄRSKA SKALDJUR, SKALDJURSBULJONG, FISK, FÄNKÅL, ROUILLE.....	195:-
------------------------------------------------------------------	-------

GRILLAD OXFILE

SPARRIS, PICKLES, VITLÖK, FÄRSKPOTATIS.....	270:-
---------------------------------------------	-------

VITVINSBRÄSERAD VÅRKYCKLING

PRIMÖRER, SIDFLÄSK, MANDELPOTATISPURÉ.....	175:-
-----------------------------------------------	-------



EFTERRÄTTER

TROPISK FRUKTCKOKTAIL

KOKOSSORBET.....	105:-
------------------	-------

CRÈME BRÛLÉE

VANILJKRÄM, SOCKERKNÄCK.....	65:-
------------------------------	------

CHOKLADMUSSE

RÅRÖRDA HALLON.....	85:-
---------------------	------

FÄRSKA JORDGUBBAR OCH SORBET

NYGRÄDDAD SOCKERKAKA, PISTAGEKRÄM.....	105:-
----------------------------------------	-------

APRIKOS- OCH MANDELSUFFLÉ

APRIKOSKRÄM, ROSTAD MANDEL.....	95:-
---------------------------------	------

B.A.R.s RABARBERDESSERT

KARDEMUMMAPARFAIT, YOGHURTGGLASS.....	110:-
---------------------------------------	-------

ROMKONSERVERADE BÄR

GRÄDDVANILJGLASS.....	70:-
-----------------------	------

CHOKLADPRALIN

B.A.R.s PASSIONSFRUKTSPRALIN.....	20:-
-----------------------------------	------

OSTBIT

VÄLJ MELLAN CHÈVRE & BRILLAT SAVARIN, MARMELAD.....	45:-
--------------------------------------------------------	------

GLASSKULA

VANILJGLASS, YOGHURTGGLASS.....	45:-/KULA
KOKOSSORBET, JORDGUBBSSORBET.....	45:-/KULA

ÖPPETTIDER * VARDAG 10.00–01.00 * LUNCH 11.30–14.30 * LÖRDAG 16.00–01.00 * SÖNDAG 17.00–21.00

COLD SMALL COURSES

OYSTERS

ONION VINAIGRETTE, LEMON	
FINE DE NORMANDIE N.3.....	18:-
FINE DEMOISELLE D'AGON N.2.....	22:-
SPÉCIALE DE UTAH BEACH N.3.....	28:-
DANISH FLAT OYSTER N.2.....	36:-



THE OYSTER IS A FOODSTUFF WHICH CAN CAUSE A VIRAL INFECTION

SHRIMPS

BOILED, LEMON, MAYONNAISE.....	200 G/95:-
--------------------------------	------------

1/2 BOILED LOBSTER WITH A GLASS OF DEUTZ CHAMPAGNE...250:-

1/2 LOBSTER

BOILED, LEMON, MAYONNAISE.....	165:-
--------------------------------	-------

1/2 CRAB

BOILED, LEMON, RHODE ISLAND.....	105:-
----------------------------------	-------

LANGOUSTINE

BOILED, LEMON, MAYONNAISE.....	36:-/PP
--------------------------------	---------

B.A.R.'s HERRING

JAMAICA PEPPER HERRING, HERB HERRING, WHITEFISH ROE HERRING, MATURED CHEESE.....	135:-
----------------------------------------------------------------------------------	-------

RAW MARINATED SCALLOP OR TUNA

CHOOSE ONE, LEMON, GINGER, SOY SAUCE.....	125:-
-------------------------------------------	-------

B.A.R.'s OCEAN PLATE

SHRIMPS, LANGOUSTINE, SMOKED SALMON, JAMAICA PEPPER HERRING, WHITEFISH ROE.....	170:-
---------------------------------------------------------------------------------	-------

MATIE HERRING

SOUR CREAM, CHIVES, NEW POTATO.....	95:-
-------------------------------------	------

AIR-DRIED HAM, MELON

.....	90:-
-------	------

ASSORTED DELI MEATS

AIR-DRIED HAM, CHORIZO, COPPA, ITALIAN SALAMI, OLIVES.....	135:-
------------------------------------------------------------	-------

B.A.R.'s SHELLFISH PLATEAU

3 OYSTERS, 1/2 CRAB, 1 LANGOUSTINE, 100 G SHRIMPS, SEA MUSSELS.....	260:-
---------------------------------------------------------------------	-------

B.A.R.'s SHELLFISH PLATEAU INCLUDING

1/2 LOBSTER.....	395:-
------------------	-------

COOKED SMALL COURSES

WHITE ASPARAGUS

BOILED, BEURRE BLANC SAUCE.....	130:-
---------------------------------	-------

GRAVLAXTARTAR

HORSE RADISH, PICKLED ONIONS, CRESS.....	110:-
------------------------------------------	-------

WHITE FISH ROE OR SWEDISH CAVIAR

BUCK WHEAT CRÊPE, RED ONION, SOUR CREAM.....	95:-/185:-
----------------------------------------------	------------



B.A.R.'s HERRING SERVED WITH 3CL OF SNÄLLERÖDS JUNGRUNS AQUAVIT....180 :-

STEAK TARTARE

CAPERS, BEETROOTS, RED ONION, EGG YOLK	
1/2.....	130:-
1/1.....	195:-

GARDEN SALAD

CRISP FRIED DUCK LEG, GREEN ASPARAGUS, CURRY DRESSING, CAULIFLOWER	
1/2.....	95:-
1/1.....	175:-

CEVICHE

SALMON, SCALLOP, TUNA, MANGO, LIME, AVOCADO, CORIANDER, CHILI.....	145:-
--------------------------------------------------------------------	-------

NETTLE SOUP

POACHED EGG, SMOKED ARCTIC CHAR.....	110:-
--------------------------------------	-------

GRATINATED SCALLOPS

PRIMEURS, TARRAGON, WHITE WINE SAUCE.....	165:-
-------------------------------------------	-------

SPICE FRIED QUAIL SKEWER

CHILI, GINGER, CELERY SALAD.....	115:-
----------------------------------	-------

MINSTRONE

RISONI, SHRIMPS, SQUID, CRAB.....	135:-
-----------------------------------	-------

FISH- AND SHELLFISH "MIXED GRILL" PLATTER FOR TWO...590:-

MAIN COURSES

GRILLED

MAKE YOUR OWN ACTIVE CHOICE OF FRESH FISH AND SHELLFISH OR MEAT AT THE ICE DISPLAY OR CHOOSE YOUR FRESH LOBSTER FROM OUR AQUARIUM WITH ASSISTANCE FROM OUR WAITERS. PICK YOUR SIDE ORDERS FROM THE MENU BELOW.

YOU WILL FIND MENU AND PRICES OF OUR GRILLED SELECTIONS ON OUR SEPARATE BOARDS.

SIDE ORDERS.....28:- PER CHOICE

- GREEN SALAD, MUSTARD DRESSING
- GREEK FETA CHEESE SALAD
- GRILLED TURKISH PEPPER, SEA SALT
- COLE SLAW, APPLE, MUSTARD
- GRILLED GREEN ASPARAGUS, VINAIGRETTE
- ROASTED TOMATO- AND ONION SALAD, HERBS
- WHEAT SALAD, POMEGRANATE, CARDAMOM, LEMON
- NEW POTATO, PESTO, FRESH BASIL
- RISOTTO, PARMESAN
- FRENCH FRIES

SAUCES.....15:- PER CHOICE

- WHITE FISH ROE, DILL, SOUR CREAM
- TAPENADE, OLIVES, GARLIC, CAPERS
- B.A.R.'s JERK, CHILI, JAMAICA PEPPER
- HERB- AND SPICE BUTTER
- CHILI SAUCE, GINGER
- CAPERS MAYONNAISE
- B.A.R.'s BARBEQUE SAUCE
- BROWN BUTTER MAYONNAISE
- SAUCE BÉARNAISE

SEAFOOD PASTA, GRATINATED

SHELLFISH, FISH, LOBSTER SAUCE, TARRAGON...155:-

B.A.R.'s SANDWICH

SHELLFISH MAYONNAISE, GRILLED FISH, BEEF TOMATO, PICKLED CUCUMBER, SALAD.....	165:-
-------------------------------------------------------------------------------	-------

CRISPY FISH WITH A BOTTLE OF B.A.R.'s ALE....210:-

B.A.R.'s CRISPY FISH AND FRENCH FRIES

MAYONNAISE, LEMON.....	155:-
------------------------	-------

MOULES FRITES

SEA MUSSELS, CREAM, WHITE WINE.....	145:-
-------------------------------------	-------

CRISP BAKED WITCH

TOMATO, OLIVES, LOBSTER VINAIGRETTE, ALMOND.....	235:-
--------------------------------------------------	-------

FISH- AND SHELLFISH CASSEROLE WITH A GLASS OF CHABLIS....270:-

B.A.R.'s FISH- AND SHELLFISH CASSEROLE

FRESH SHELLFISH, SHELLFISH BOUILLON, FISH, FENNEL, ROUILLE.....	195:-
-----------------------------------------------------------------	-------

GRILLED TENDERLOIN

ASPARAGUS, PICKLES, GARLIC, NEW POTATO....	270:-
--------------------------------------------	-------

WHITE WINE BRAISED CHICKEN

PRIMEURS, FLITCH OF BACON, ALMOND POTATO PURÉE.....	175:-
-----------------------------------------------------	-------



SWEETS

TROPICAL FRUIT COCKTAIL

COCONUT SORBET.....	105:-
---------------------	-------

CRÈME BRÛLÉE

VANILLA CREAM, SUGAR CRISP.....	65:-
---------------------------------	------

CHOCOLATE MOUSSE

PRESERVED RAW RASPBERRIES.....	85:-
--------------------------------	------

FRESH STRAWBERRIES AND SORBET

WARM SPONGE CAKE, PISTACHIO CREAM.....	105:-
----------------------------------------	-------

APRICOT- AND ALMOND SOUFFLÉ

APRICOT CREAM, ROASTED ALMOND.....	95:-
------------------------------------	------

B.A.R.'s RHUBARB DESSERT

CARDAMOM PARFAIT, YOGHURT ICE CREAM.....	110:-
------------------------------------------	-------

RHUM BERRIES

VANILLA ICE CREAM.....	70:-
------------------------	------

CHOCOLATE

B.A.R.'s PASSION FRUIT CHOCOLATE.....	20:-
---------------------------------------	------

CHEESE

CHOOSE BETWEEN CHÈVRE OR BRILLAT SAVARIN, MARMALADE.....	45:-
----------------------------------------------------------	------

SCOOP OF ICE CREAM

VANILLA/YOGHURT ICE CREAM.....	45:-/SCOOP
COCONUT/STRAWBERRY SORBET.....	45:-/SCOOP