

B.A.R.

BLASIEHOLMENS AKVARIUM O RESTAURANG

FOOD

OPENING HOURS * MON-FRI 10.00–01.00 * LUNCH 11.30–14.00 * SATURDAY 16.00–01.00

COLD SHELLFISH

OYSTERS

ONION VINAIGRETTE, LEMON, TABASCO

FINE DEMOISELLES D'AGON N. 2.....	26:-
FINE DE PARC "LA RONCE" N.3.....	30:-
SPÉCIALES DE CLAIR "ROUMEGOUS" N. 3.....	36:-
SPÉCIALE "L'IDEALE", N.3.....	39:-



OYSTERS MAY CONTAIN A VIRUS THAT CAN BE HARMFUL TO YOUR HEALTH

½ BOILED LOBSTER

WITH A GLASS OF
LANSON BLACK LABEL CHAMPAGNE.....270:-

SHRIMPS

BOILED, LEMON, MAYONNAISE.....200 g/120:-

B.A.R.'s SMOKED SHRIMPS

LEMON, MAYONNAISE.....200 g/130:-

LANGOUSTINE

BOILED, LEMON, MAYONNAISE.....38:-/ST

½ CRAB

BOILED, LEMON, RHODE ISLAND.....125:-

½ LOBSTER

BOILED, LEMON, MAYONNAISE.....190:-

B.A.R.'s SHELLFISH PLATEAU

3 OYSTERS, ½ CRAB, 1 LANGOUSTINE,
75 g SHRIMPS, 75 g SMOKED SHRIMPS,
MUSSELS.....330:-

PLATEAU PRESTIGE

3 OYSTERS, ½ CRAB, 1 LANGOUSTINE,
75 g SHRIMPS, 75 g SMOKED SHRIMPS,
MUSSELS, ½ LOBSTER.....490:-

PLATEAU ROYAL

6 FINE DEMOISELLES D'AGON, 2 FINE DE PARC
"LA RONCE", 2 SPÉCIALES DE CLAIR "ROUMEGOUS",
4 LANGOUSTINES, MUSSELS, 100 g SHRIMPS,
100 g SMOKED SHRIMPS, 1 LOBSTER.....890:-

SMALL COURSES

GRATINATED SCALLOPS

PRIMEURS, TARRAGON, WHITE WINE SAUCE.....180:-

B.A.R.'s TOAST SKAGEN "ROYAL"

FRESH SHRIMPS, SWEDISH CAVIAR, HORSERADISH.....250:-

KING PRAWNS

ARTICHOKE, BARIGOLE,
FOREST MUSHROOM.....170:-

GRILLED SALMON SASHIMI

SEA BUCKTHORN, CRESS, FENNEL,
TIMUT PEPPER.....175:-

WATERMELON COCKTAIL

SALMON ROE, WHITEFISH ROE, AVOCADO,
SESAME.....165:-

B.A.R.'s CEVICHE

KING PRAWNS, SCALLOPS, SEA BASS,
GREEN TOMATO, LIME.....180:-

GRILLED CORN TORTILLA, SEA BASS

AVOCADO, TOMATO SALSA, CORIANDER.....160:-

CRISPY LONG FLOUNDER SALAD

SHIITAKE, MUSHROOM DRESSING, ZUCCHINI,
SEAWEED NOODLES.....150/205:-

COLD CUTS FROM MILLERT & DAHLÉN

OLIVES.....140:-

B.A.R.'s OCEAN PLATE

SHRIMPS, LANGOUSTINE, TOAST SKAGEN,
PICKLED HERRING, WHITEFISH ROE.....175:-

30 G OF SWEDISH CAVIAR, JUNKÖN

BUCKWHEAT CRÊPE, RED ONION, SOUR CREAM.....180:-



LET'S GO FISHING IN OUR AQUARIUM & CHOOSE TO
HAVE YOUR LOBSTER GRILLED OR BOILED
MAINE LOBSTER.....69:-/HG

MAIN COURSES

FROM THE GRILL

CHOOSE YOUR OWN FRESH FISH, SHELLFISH
AND MEAT FROM THE COUNTER AND THEN PICK
ANY SIDE ORDERS FROM THE LIST BELOW

YOU WILL FIND OUR GRILLED SELECTIONS
ON OUR SEPARATE BOARDS

SIDE ORDERS.....35:-

- AVOCADO- & GRAPEFRUIT SALAD, POMEGRANATE, CHILI
- GRILLED BROCCOLI, RIPE CHEESE, OLIVE OIL
- CHARCOAL ROASTED TOMATOES, TOMATO GAZPACHO, TARRAGON
- RAW GRATED ZUCCHINI, CAPER VINAIGRETTE, ANCHOVY
- PUMPKIN CONFIT, CITRUS DRESSING, GREEN CABBAGE
- AUTUMN CARROTS, RADISH, BROWN BUTTER, HORSERADISH
- HERB- & LEMON FLAVOURED ARTICHOKE & MUSHROOMS
- ROASTED CAULIFLOWER, TRUFFLE VINAIGRETTE
- RISOTTO, RIPE CHEESE
- FRENCH FRIES

SAUCES.....18:-

- WHITEFISH ROE, DILL, SOUR CREAM
- INDIAN RAITA, YOGHURT, CUMIN
- BROWN BUTTER MAYONNAISE
- CHIMICHURRI, SMOKED BELL PEPPER, PARSLEY
- DILL PESTO
- CHILI SAUCE, GINGER
- BROWN BUTTER & HORSERADISH
- SALSA CHILENA, GREEN CHILI, CORIANDER
- CEP MAYONNAISE, PICKLED SHIITAKE

FISH- AND SHELLFISH
"MIXED GRILL" PLATTER
FOR TWO.....590:-

B.A.R.'s GRILLED WHOLE CHAR

FOR 2 PERSONS. LEGUMES, WOOD SORREL, SWEDISH
CAVIAR, BEURRE BLANC.....460:-

STEAK TARTARE

FRENCH MUSTARD, CAPER, ONION, LETTUCE,
FRENCH FRIES.....150/195:-

ROASTED PUMPKIN

SPELT, PUMPKIN DRESSING, GREEN CABBAGE,
PICKLED MUSHROOM, TRUFFLE.....175:-

MOULES FRITES

MUSSELS, PARSLEY, WHITE WINE.....190:-

B.A.R.'s FISH- & SHELLFISH CASSEROLE

FRESH SHELLFISH, SHELLFISH STOCK, FISH,
FENNEL, GARLIC MAYONNAISE.....195:-

B.A.R.'s FISH N' CHIPS

HAND MADE FRENCH FRIES, SAUCE TARTARE,
GREEN PEAS.....185:-

B.A.R.'s SANDWICH

CREAMY SEAFOOD SALAD, GRILLED FISH,
BEEF TOMATO, PICKLED CUCUMBER, SALAD.....165:-

CERTIFIED
SUSTAINABLE
SEAFOOD
MSC
www.msc.org



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

MSC-C-52702



B.A.R.'s FISH N' CHIPS
WITH A BOTTLE OF B.A.R. ALE.....240:-



SWEETS

FRESHLY BAKED TOFFEE PUDDING

FOR 2 PERSONS
YOGHURT ICE CREAM, SALTED CARAMEL SAUCE.....195:-

BLUEBERRY PANCAKE

CREAM VANILLA ICE CREAM, MAPLE SYRUP,
BLUEBERRIES.....105:-

RASPBERRY PAVLOVA

FRESH RASPBERRIES, WHIPPED CREAM,
WHITE CHOCOLATE.....120:-

VANILLA SIMMERED PEAR

SEA BUCKTHORN ICE CREAM, CRISP OF SEEDS,
SOUR CREAM ICE, CRESS.....120:-

B.A.R.'s CHOCOLATE DESSERT

CHOCOLATE CREAM, CHOCOLATE SORBET,
MACADAMIA NUTS, TOFFEE.....115:-

CRÈME BRÛLÉE

VANILLA CREAM, CARAMEL.....85:-

B.A.R.'s CHOCOLATE PRALINE

RASPBERRY.....22:-

CHEESE FROM LÖFSTA DAIRY

FIG MARMALADE.....65:-

ICE CREAM/SORBET

CREAM VANILLA- OR SEA BUCKTHORN ICE CREAM/
CHOCOLATE- OR YOGHURT SORBET.....45:-/SCOOP