

SHELLFISH

SHRIMPS
BOILED, LEMON, MAYONNAISE.....200 G/120

B.A.R.s SMOKED SHRIMPS
LEMON, MAYONNAISE.....200 G/120

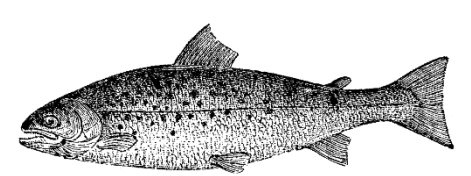
LANGOUSTINE
BOILED, LEMON, MAYONNAISE.....55/PCS

½ CRAB
BOILED, LEMON, MUSTARD SAUCE, DILL.....195

½ LOBSTER
BOILED, LEMON, MAYONNAISE.....295

B.A.R.s SHELLFISH PLATEAU ROYAL
1 LOBSTER, 4 LANGOUSTINES,
300 G SHRIMPS, 300 G SMOKED SHRIMPS,
1 CRAB
1/2 690 1/1 1350

B.A.R.s SMALL SHELLFISH PLATEAU
1 LOBSTER, 4 LANGOUSTINES,
300 G SHRIMPS
1/2 445 1/1 870



MAIN COURSES

FROM THE GRILL

ARTIC SHAR 245KR
REDFISH 255KR
LING 195KR
TUNA 235KR
SEABASS 295KR

SIRLOIN 305KR
RIBEYE 330KR

- SIDE ORDERS.....48
- GRILLED POINTED CABBAGE, SAFFRON BUTTER, ESPELETTE PEPPER
 - TOMATO SALAD, SOUTHERN FRENCH HERB DRESSING, SILVER ONION
 - NEW POTATOES, MILD GARLIC CRÈME, HERB CRISP
 - FRENCH FRIES
 - LETTUCE, SESAME DRESSING, THAI BASIL

- SIDE ORDERS.....65
- AVOCADO SALAD, GRAPEFRUIT, TOMATO, POMEGRANATE, CORIANDER
 - RISOTTO, GRANA PADANO
 - CORN RIBS, MOJO ROJO, MANCHEGO
 - GRILLED BROCCOLI, SALSA PANAMA, ZHUG
 - WATERMELON, CUCUMBER, MINT, FETA CHEESE

- SAUCES.....29
- BROWN BUTTER & HORSERADISH
 - SAUCE BÉARNAISE
 - B.A.R.s ROE SAUCE
 - ROASTED CHILI MAYONNAISE
 - JALAPEÑO BUTTER SAUCE
 - SALSA CHILENA
 - B.A.R.s LOBSTER SAUCE
 - MOJO ROJO
 - NDUJA BUTTER
 - TARTARE SAUCE

TONIGHTS STEAK
GRILLED SIRLOIN, TOMATO SALAD,
FRENCH FRIES, BÉARNAISE..... 390

TONIGHTS FISH
GRILLED LING, NEW POTATOES, LETTUCE,
B.A.R.s ROE SAUCE..... 315

B.A.R.s RISOTTO
ROASTED CORN, SALTED LEMON, HERB CRIPS,
GRILLED SPRING ONION, GRANA PADANO..... 230

B.A.R.s BOUILLABAISSE
FISH & SHELLFISH, SHELLFISH BOUILLON,
CRUTONS, GARLIC MAYONNAISE 350

B.A.R.s FISH N’ CHIPS
FRENCH FRIES, TARTAR SAUCE, MALT VINEGAR,
LEMON 240

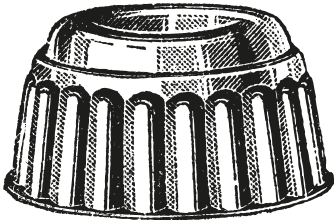
B.A.R.s MOULES FRITES
COMMON MUSSELS, PARSLEY, WHITE WINE,
FRENCH FRIES, MAYONNAISE 235



SWEETS

CHOCOLATE BALL45

B.A.R.s CHOCOLATE PRALINE30



B.A.R IS A CASH FREE RESTAURANT

